Measurement of karma yoga: Development and validation of karma yoga instrument (kyi-6)

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The organizations of today can be best characterized as furnaces of frustration, with employees increasingly complaining of void and meaninglessness in their lives. To this effect, renowned, wise, and authoritative individuals have recommended Karma Yoga as a panacea for individuals immersed in action. However, research and practice on the concept has progressed minimally thanks to a pronounced scarcity of psychometrically robust measures. Thus, anchored on Rastogi & Pati’s (in press) conceptualization of Karma Yoga, this research attempts to develop a valid and reliable 6-item Karma Yoga Instrument (KYI-6). Preliminary evidence regarding convergent validity, discriminant validity, nomological validity, and internal consistency of the measure is provided.

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